

# Summary of Critical Values and Strategies from the History of the Future Challenge Groups

# Strategies: Structural, cultural or personal interventions or strategies

## **COMMUNITY** (most popular on retreat evaluations)

Organize outreach to political partners to disseminate experience and educate on models of best practice Research in partnership with community - Epi, Mech of disease, therapy new meds and modes of care Public education campaign - decrease stigma externally, locally, nationally and within UCSF community Multidisciplinary coordinated teams partnering with community

Rapid translation of findings from data into the clinical realm to improve the lives of patients and communities Community engagement core: to create a new model of personalized high value care delivery with a new breed of

- interdisciplinary providers as community bridges (e.g., bring care to the patient—in their homes, community, clinics, etc.)
- 0-8 Commission- Bay Area wide to tackle the educational/health goal a) 100% 3rd graders reading at grade level, b) 100% access to evidence based oral and medical health services. Use local first 5 to convene

Regional screening and referral effort starting with prenatal providers, using outreach workers etc Standard tools to communicate between schools, health and dental providers, innovative partnerships A strategic plan to engage stakeholders such as local and regional policymakers

## WORKPLACE (2nd most popular on retreat evaluations)

Model best practices directly in the UCSF community (housing childcare); engage department chairs to encourage participation of faculty/staff; include social determinants in the EMR

Provide all the tools and information to succeed, including communications strategy Create clear career paths with modifiable ceiling, with clear and fair expectations around performance

Encourage risk-taking and innovation, and celebrate each other and our successes along the way

- Building a network of scientists who span the entire spectrum of inquiry from basic, to translational, to informatics, to clinical, to social/behavioral who work together on a shared goal of eliminating diabetes
- Working as a team where the collective group is rewarded for advances rather than an individual. Putting "team science" into action

Use a bottom-up approach to tackle multiple bold and challenging ideas across campus (our "Manhattan Project")

# <u>DATA</u>

Foundational training for everyone "TICK" for big data

Training for new experts DDD degree (Deep Data Diver)

Infrastructure to connect data and people

- Methods/Implementation/Evaluation Core: to develop the scientific expertise to use collected longitudinal data from the living well laboratory to provide real-time feedback to improve care and accelerate science on decreasing stress and increasing resilience over the life course.
- Precision Prevention Core: to develop and use novel technologies for data collection, continuous process improvement and scientific advancements in real world practice to personalize prevention that will decrease stress and increase resilience over the life course.

# <u>EQUITY</u>

Systemic universal screening for social and environmental factors that impact health Doubling the number of faculty of color at UCSF

### **RESEARCH**

Synthesize, disseminate translational research; make the case for research; highlight priority interventions CA State policy dictates everyone sequenced with equal access to its potential Sequencing is made actionable/interpretable with analytics and science driving imposed health outcomes

Genome data is applied to choice of specific therapies in all patients with targeted "high burden" SF conditions (eg mental health, substance abuse, DM, lung cancer)

Standardization of patients, samples, diagnostic markers and tracking of outcomes

## **CLINICAL**

Integration of care - EMR, families, economists, primary care/psych/peds/social workers

Provision of mental health treatment slots for referring those patients who came into the healthcare system as victims of gun violence

More community based violence case managers and evidence-based impactful interventions

#### **COMMUNICATION**

Improve communication to engage all levels in brainstorming and execution of these bold ideas

## Values: Core institutional values

#### EQUITY

Equity, social justice Evidence-based activism Be authentically and radically inclusive Healthcare equity Decrease burden of cost of illness Equity Inclusiveness and representation of all—both in collecting the data and questions, and in the applicability of the results. Health Equity Equity

#### **COLLABORATION**

Team science and care Collaboration/team oriented Non-hierarchical Coordination Community Collaboration

#### **COMMUNICATION**

Communication

#### **INNOVATION**

Drive for innovation and excellence Innovation and Dissemination Innovation

#### WORKPLACE

Care for each other first by investing in the health and wellbeing of our people Learning Community

#### **OTHER**

Authenticity Respect Patient-centered Trust Boldness Nimble/Fast Excellence Start Early (prenatal engagement)